REALITY ROUTINE WORKSHEET								
Home Maintenance -								
Description	1	2	3	4	5	6	7	**Other**
	1	2	3	4	5	6	7	
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Anchors								
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Life Maintenance								
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Commitments								
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Work (if routine-based—see Mini for instructions)								
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Weekly Reality Routine

ACTION	MON	TUE	WED	THU	FRI	SAT	SUN

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